

# Regatta Rules

## 2013 Texas Rowing Championships

### April 27–28, 2013 • Austin, TX



#### 1. Registration

All on-time entries must be registered, and fees paid, at [RegattaCentral.com](http://RegattaCentral.com). Entrants whose circumstances require alternative payment arrangements must contact the Registrar [<registrar@austinregattas.org>](mailto:registrar@austinregattas.org) before the registration deadline. Such arrangements are accepted at the discretion of the Registrar.

Competitors should be registered under their full names. Nicknames should be avoided, and competitors entered in multiple events should be registered using the same name in all of them.

The number of entries in each event is limited to **18**. Entries are accepted in order of submission, and in cases of oversubscription RegattaCentral will maintain a **waiting list** for each event.

The deadline for standard registration is 11:59 PM CDT, Monday April 15, 2013. Entries are accepted after this deadline only at the discretion of the Registrar, and only to fill empty lanes; no heats will be added to accommodate late entries. Late entries are accepted only if accompanied by prescribed entry fees, which are **DOUBLE** the regular fees.

Before Friday April 26, late entries must be submitted on the late-entry form [<http://tinyurl.com/buoz2vm>](http://tinyurl.com/buoz2vm), which may be mailed to

Austin Rowing Club  
Registrar

P.O. Box 1741

Austin, TX 78767-1741

Alternatively, a completed late-registration form may be scanned and [emailed](mailto:registrar@austinregattas.org) to the Registrar as a PDF, or faxed to (512) 472-0700.

Beginning Friday April 26, late entries must be submitted on paper late-entry forms available at the Registration Table, and handed in there at least two hours before their events.

#### 2. Junior Events

Junior events are restricted to junior crews from Texas.

#### 3. The Rule of 3

Competitors should not be entered in events whose event numbers differ by less than 3. Competitors who ignore this recommendation risk being unable to get from the finish of one race to the start of their next race. Under no circumstances are races delayed to wait for tardy boats.

When heats are drawn, it is possible for a competitor conforming to the Rule of 3 to be competing in two heats that are too close together. For example, if Events 103 and 106 have heats while Events 104 and 105 do not, a competitor entered in Events 103 and 106 could be racing in heats 103B and 106A, which would be back-to-back. Even if the problem entries were moved to 103A and 106B, the competitor would still have difficulty getting to 106B on time.

In such cases the Regatta Committee will introduce breaks in the schedule to ensure that every competitor whose original entries conform to the Rule of 3 will have at least three intervals (i.e., races or breaks) between each pair of his/her races. *No such accommodations will be made for competitors whose original entries violate the Rule of 3.*

#### 4. Duplicate entries

The Regatta Committee is not responsible for detecting duplicate entries. Please coordinate with your club, as entry fees for duplicate entries are not refunded.

#### 5. Liability Waivers

Every competitor must have signed a USRowing Release of Liability Waiver. Waivers are to be signed on-line at [USRowing.com](http://USRowing.com) [<http://tinyurl.com/7vo2bre>](http://tinyurl.com/7vo2bre), and are due by the registration deadline.

#### 6. USRowing Membership

Every participating team must be an organizational member of USRowing (please see the USRowing web site [<http://www.usrowing.org/join.aspx>](http://www.usrowing.org/join.aspx) for further information about becoming an organizational member), and every entry's members must belong to a participating team (composite entries are allowed).

The only exception: Single-scul entries are not required to belong to teams. Every single sculler not representing a team must be an individual member of USRowing and must race as "Unaffiliated."

#### 7. Crew Representation

A team is a group of rowers, representing a single high-school or club program, which has practiced and competed with distinct location, colors, and coaches for the entire competitive season beginning March 1, 2013. A junior rower is eligible to compete in this regatta only if s/he has represented the same team for the entire season.

No competitor may represent two different organizations in the Regatta. Any entry composed of competitors from different organizations must be entered as a composite entry. Composite entries are not permitted in junior events.

#### 8. Schedule Changes

The event schedule is subject to change depending upon the number of entries received. Masters events may be split into separate age categories, and events may be cancelled or combined if there are fewer than three entries as of the standard registration deadline. Any crew entered in a canceled event will be contacted and offered the option to switch to another event or to receive a refund of the registration fee.

#### 9. Scratches

No entry fees will be refunded for scratches made after the standard registration deadline. Please inform the registrar by email [<registrar@austinregattas.org>](mailto:registrar@austinregattas.org) of scratches that occur before Friday April 26.

For an entry that scratches on or after Friday April 26, please submit a scratch form at the Registration table so the regatta officials can maintain an accurate accounting of which boats are racing.

#### 10. Substitutions

Before Friday April 26, any entry may replace all of its rowers and its coxswain, and all changes must be made by updating the entry's lineup at [RegattaCentral.com](http://RegattaCentral.com).

Beginning Friday April 26, an entry may replace at most half of its rowers, plus its coxswain, except for single-scul entries, in which substitutions are not allowed. Line-up changes must be submitted on paper Substitution forms available at the Registration Table, and handed in there at least two hours before their events.

If substitutions in a Masters entry reduce its rowers' average age to less than its event's minimum, it is scratched from that event. If an event for which the entry is now eligible has an empty lane, the entry is allowed to enter that event. Such changes are handled in the order in which the substitution forms are re-

ceived.

If substitutions in a Masters entry cause its crew's average age to increase, the entry remains in its original event.

No substitution may be made in an entry that has already raced in the first heat of its event, unless a member of the crew has experienced a serious illness or accident during the time between the heat and the final.

### 11. Juniors

A Junior is a competitor who is and has been continuously enrolled in secondary school as a full time student seeking a diploma. A competitor ceases to be a junior after December 31 of the year of his or her 18th birthday, or of the year in which he or she completes the 12th grade of secondary school, having been a full time student, whichever is later.

### 12. Masters

Masters' age categories are defined as in USRowing's [2013 Rules of Rowing](#), §4.104:

category	min. age	category	min. age
AA	21	F	60
A	27	G	65
B	36	H	70
C	43	I	75
D	50	J	80
E	55		

An entry in a Masters event must list every rower's **year of birth** in order to compete. Entries listing only ages will not be allowed to compete. Any Masters event may be split into two or more separate events according to the crews' ages.

### 13. Novice Rower Classification

Crews entered in Novice events shall include only novice rowers. A rower qualifies as a novice in his/her first calendar year of competition, provided s/he did not race in the spring 2012 season. Novice status applies separately in each discipline—a non-novice sweep rower may compete as a novice sculler and vice versa. Experience as a coxswain has no bearing on a rower's novice status.

### 14. Novice Coxswains

A novice entry's coxswain is not required to be a novice.

### 15. JV Competition

No rower who competes in a Varsity sculling event may also compete in *any* JV sculling event. For example, a rower competing in a Varsity quad may not also compete in a JV double, and a rower competing in a Varsity double may not compete in a JV quad.

In order for a team to enter a JV event, that team must also have an entry in the corresponding Varsity event of the same boat class and gender.

### 16. Men and Women Rowers in Boats

All rowers in men's events must be men, and all rowers in women's events must be women. A female rower cannot substitute for a man in any men's event, nor can a male rower substitute for any woman in a women's event. Coxswains are exempt from this rule. Any entry violating this rule will be disqualified.

### 17. Mixed Crews

Each mixed crew shall include men and women rowers. Doubles/pairs require a crew of one man and one woman, quads/fours crews may have either one or two men, and eights crews may have two, three, or four men.

### 18. Lightweight Rowers

Lightweight men must weigh no more than 160 pounds, and lightweight women no more than 130 pounds. Weigh-ins for rowers in lightweight events will be conducted once each day, between 5:30 AM and 8:30 AM. Rowers will be weighed in racing uniform, without shoes or other footgear. A rower within one pound of the weight limit is allowed one re-weigh during the 5:30 AM to 8:30 AM weigh-in window; rowers whose initial weights exceed the weight standard by more than one pound will not be allowed to re-weigh.

Lightweight rowers who make weight will be issued wristbands, which they must wear for all lightweight events. No rower without such a wristband may compete in any lightweight event. Wristbands issued on Saturday are good for Saturday races only.

### 19. Coxswain's Weight

Coxswains will not be weighed in.

### 20. Registration Desk

On the regatta weekend, the registration desk will be open from 3:00 PM to 6:00 PM on Friday, and on Saturday and Sunday from 6:30 AM until after each day's medals ceremony. The registration desk has blank forms for late registrations, substitutions, scratches, and protests.

### 21. Coach/Bow/Cox Meetings

The coach/bow meetings will be held Saturday and Sunday at the USRA tent at 6:15 AM.

### 22. Friday & Saturday practice

The course will be open on Friday, April 26, 2–7 PM and on Saturday, April 27 from the last race until 7 PM. Crews are responsible for familiarizing themselves with the traffic pattern. Violations of the traffic pattern may result in penalties.

Rowers who practice on Friday, or on Saturday after racing, do so at their own risk (at these times there may be no EMT's or safety launches).

### 23. Required Equipment

Every competing boat shall be properly equipped with a bow ball. Every competing boat shall also be equipped with quick-release shoes, and with heel ties whose length is three inches or less, in accordance with USRowing's [2013 Rules of Rowing](#), §3–105 and §3–109. Boats observed to be lacking any of these features will not be allowed to race.

### 24. Bow numbers

All boats must be equipped with bow clips. Competitors are responsible for bringing their own bow numbers (lanes 1–6). Bow numbers may be borrowed from the dock master for a deposit of \$5 on an as-needed, as-available basis.

### 25. Hot-Seating of Boats

A boat that is to change crews immediately upon arrival at the docks after a race, and to race again without being removed from the water, is termed a *hot-seat* boat. The Dockmaster must be notified of every hot-seat boat before the boat launches for a pre-hot-seat race. In all cases, crews should follow the instructions of the dock personnel.

### 26. On-time arrival

Regatta officials can prohibit boats that are late to the starting line from racing. The Dockmaster can prohibit a boat from leaving the dock if in his or her judgment it cannot reach the starting line on time.

During the regatta the docks are very crowded; all crews should be practiced at quick launching and boat removal before arriving at the regatta site.

**27. Race safety**

All competitors should understand how to back boats into a starting dock, and should be able to “scull” their boat to achieve alignment without pulling forward and away from the stake boat holders. Please review the ARC Guide to Start Platforms and Starts at <http://tinyurl.com/yzd7g6u>.

**28. Seeding and Progressions**

For the quad events, seeding will take place after the Texas Junior Seeding Scrimmage. All coaches will have the opportunity to evaluate the seeding and make comments. Lane assignments from seeding will be as follows:

2–6 entries	Final	1 <sup>st</sup> seed lane 4, 2 <sup>nd</sup> seed lane 3, 3 <sup>rd</sup> seed lane 5, 4 <sup>th</sup> seed lane 2, 5 <sup>th</sup> seed lane 6, 6 <sup>th</sup> seed lane 1
7–12 entries	2 heats	Heat A: seed 1, 3, 6 Heat B: seed 2, 4, 5 Top 3 advance
13–18 entries	3 heats	Heat A: seed 1, 4 Heat B: seed 2, 5 Heat C: seed 3, 6 Top 2 advance

For progression purposes, the number of boats in a heat is determined when its last boat leaves the starting area, i.e., passes the 100-meter mark.

**29. Protests and Dispute Resolution**

All protests must follow USRowing rules. Please consult USRowing's [2013 Rules of Rowing](#) for the details on protesting. All protests involving the conduct of a race shall be lodged by the crew at the finish line while it is still on the water. For all protests, a crew representative must submit a written protest statement along with \$50, which will be returned only if the protest is upheld. The regatta officials will be consulted on all protest decisions. All questions of eligibility, qualification, and interpretation of the rules are referred to the Regatta Committee, whose decisions are final.

**30. Sportsmanship**

The Regatta Committee reserves the right to rule on any situation not specifically covered by these guidelines and to penalize or disqualify any competitor or crew that appears to violate the spirit or letter of the rules of competition or sportsmanship, on the water or off.

**31. Medals**

The ceremony at which medals will be awarded will take place 15 minutes after the last event of the day. Medalists are encouraged to appear at the awards ceremony in uniform.

**32. State Champions**

Crews from outside Texas may compete in masters events and earn medals, but junior events are restricted to junior crews from Texas. Championship trophies will be awarded only to crews from Texas.

**33. Adaptive Events**

Special medals for adaptive rowers will be awarded only in events designated as adaptive events.

**34. Schedule Changes**

The event schedule is subject to change depending upon the number of entries received. Events may be cancelled or combined if there are fewer than three entries at the entry deadline. Any crew entered in a canceled event

will be contacted and offered the option to switch to another event or receive a refund of the registration fee.

**35. USRA Rules**

Except as noted above, this regatta follows USRowing's [2013 Rules of Rowing](#).